

TAMANU ARNICA



**Nature's Answer
to Healthy Skin**

 Guna

TAMANU ARNICA

SKIN

Skin is a very extensive and delicate tissue (strictly speaking, it is an organ) that constitutes our natural barrier against the outside world and harmful agents. Dryness, chapping, and redness are the most common signs of damage caused by environmental factors like **exposure to UVA and UVB rays, cold, wind, pollution, allergens** or **aggressive cleaning products**. However, these signs can also be a reflection of a **poor diet** or be the result of **chaffing due to tight clothing or garments that do not allow the skin to breathe**, and in some cases, they can be caused by stress. Moreover, damage can also be from accidental causes, such as **insect bites, minor burns, and trauma**.



THE AGE OF SKIN

Some skin is more delicate than others, for example that of babies: **as a matter of fact, the skin does not mature until the age of about 3 or 4 years**¹, and during this period it is particularly susceptible to attack by environmental factors like cold, dry air, excessive heat or, as is often the case, to the irritation caused by **un-bald** and the moisture they retain, which can cause uncomfortable rashes.

Advancing age also brings challenges, such the **peri-menopausal and menopausal periods**, when the **reduction in estrogen and decrease in sebum production** make the skin drier and more delicate,^{2,3} requiring greater care.





WHY TAMANU ARNICA?

Tamanu Arnica is a cream containing **botanical extracts with a soothing and softening action** that is ideal for **red, chapped or very dry skin in adults and children**. It can be applied after exposure to sunlight, wind, and cold to lend the skin a feeling of relief and wellness. However, it can also be used to keep the skin well hydrated and healthy.

Tamanu Arnica contains **ingredients of the highest quality**, most notably a blend of **botanical extracts from European plants**:

- 🌿 *Arnica montana*, traditionally used to treat lesions of various kinds ^{4, 5}
- 🌿 *Calendula officinalis*, with well-known soothing properties⁶
- 🌿 *Nymphaea alba*, which boosts the ability to repair skin damage ⁷
- 🌿 *Hamamelis virginiana*, known for its astringent properties that helps maintain the skin's physiological blood supply⁸



These ingredients are blended with **Polynesian plants** whose traditional use has been confirmed by scientific studies:

- 🌿 The **oil of Tamanu** (*Calophyllum inophyllum*), has potent **soothing and softening properties and helps to repair skin damage** ⁹.
- 🌿 **Gardenia taitensis**, the emblem of Tahiti (considered the flower of beauty), has been used for centuries to treat **dry and chapped skin** ¹⁰.

It also contains other ingredients that are valuable to the skin, including:

- 🌿 **Vitamins C and E**: which have an antioxidant action ¹¹⁻¹³.
- 🌿 **Proline**: an amino acid that keeps the skin and connective tissues healthy ¹⁴.
- 🌿 **Bisabolol**: a vegetable oil ingredient with soothing properties ^{15,16}.

The **essential oils** of *Arnica Montana* and *Calendula Officinalis*, used for **Tamanu Arnica**, are of the highest quality and contain all the components of the olfactory pyramid: top, heart, and base notes. They are obtained using **low-temperature extraction technologies, with continuous closed-cycle supercritical fluids, without pretreatments, or use of water, alcohol, or other solvents.**

DIRECTIONS

Apply to areas of skin irritated and chapped by atmospheric agents such as cold, wind, dry air, or after exposure to sunlight - and in all those cases in which redness of various origins needs soothing, i.e. lengthy diaper use. Massage until completely absorbed.

PACKAGING

1.7 fl.oz. tube + 3 x 3 mL single-dose samples. The carton containing your Tamanu Arnica tube is made from Shiro Alga Carta® environmentally-sustainable paper made from algae that overwhelms the Venetian Lagoon, a unique, patented environmentally-sustainable paper that promotes the protection of the fragile lagoon ecosystems.

INGREDIENTS

Aqua/Water, Cetearyl Alcohol, Glyceryl Stearate, Stearamidopropyl Dimethylamine, Myristyl Lactate, Lauryl Alcohol, Myristyl Alcohol, Glycerin, Helianthus annuus seed oil/Helianthus annuus (Sunflower) seed oil, Calophyllum inophyllum seed oil/Calophyllum inophyllum (Tamanu) seed oil, Tocopheryl Acetate, Hamamelis virginiana extract/Hamamelis virginiana (Witch hazel) extract, Cyamopsis tetragonoloba gum/Cyamopsis tetragonoloba (Guar) gum, Proline, Ascorbic Acid, Bisabolol, Arnica montana flower oil, Calendula officinalis flower oil, Potassium Sorbate, Nymphaea alba flower extract, Gardenia taitensis flower extract.

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