



**Vitformula**

**ACEROLA**

FOOD SUPPLEMENT



GLUTEN - FREE  
ORODISPERSIBLE  
CITRUS FLAVOUR

**REDUCE TIREDNESS AND FATIGUE  
SUPPORT HEALTHY MUSCLES**

**KEEP HEALTHY SKIN, NAILS AND HAIR**

**WELLNESS FROM INSIDE OUT!**

with ACEROLA FRUIT JUICE and INOSITOL  
with 13 VITAMINS and 9 MINERALS  
with sweeteners: Sorbitol and Stevia

**Guna**  
healthy lifestyle

# Vitformula **ACEROLA** - Ingredients

Vitformula **ACEROLA**, with Acerola and Inositol, provides a supply of specific nutritional elements in **orodispersible granules with a citrus flavour**:

## MIX OF 13 VITAMINS

Including: Vitamins B2, B5, B6, B12 and C contribute to the **reduction of tiredness and fatigue**.

Vitamin D supports the maintenance of **normal muscle function**.

Vitamin H helps to maintain **healthy skin and hair**.

Vitamins B2, C and E contribute to the **protection of cells from oxidative stress**.

**ACEROLA FRUIT JUICE**  
has a **supportive, restoring and antioxidant action**.



**INOSITOL (VITAMIN B7):**  
a fundamental nutrient for our body.

## MIX OF 9 MINERALS

Including: **Folate, Iron** and **Magnesium** contribute to the **reduction of tiredness and fatigue**.

Calcium and Magnesium support the maintenance of **normal muscle function**.

Selenium and Zinc help to maintain **normal nails**.

Copper contributes to the **protection of cells from oxidative stress**.

Vitformula **ACEROLA** is gluten-free and sweetened with Stevia. It does not contain ingredients of animal origin and has a pleasant citrus flavour.

## Why to use Vitformula **ACEROLA**

Vitformula **ACEROLA** is the result of Guna's research in Physiological Nutraceuticals. It was created with selected and targeted nutritional components, useful in case of insufficient dietary intake or of an increased need of nutrients and minerals. In particular:

- Acerola has a **supportive, restoring** and **antioxidant action**.
- Vitamins B2, B5, B6, B12 and C, and Folate, Iron and Magnesium contribute to the **reduction of tiredness and fatigue**. Vitamin D, Calcium and Magnesium support the maintenance of **normal muscle function**.
- Vitamin H helps to maintain **healthy skin and hair**. Selenium and Zinc to the maintenance of **normal nails**.
- Vitamins B2, C, E and Copper contribute to the **protection of cells from oxidative stress**.



Acerola fruit (*Malpighia glabra* L.)

## The characteristics of Vitformula **ACEROLA**

Vitformula **ACEROLA** is:

**Gluten – free**

**In orodispersible granules** (single-dose sachets)

**With a pleasant citrus flavour**

**Sweetened with Stevia**

Vitformula **ACEROLA** contains:

**Acerola fruit juice**

**Inositol**

**13 Vitamins**

**9 Minerals**

## When to use **Vit**formula **ACEROLA**

In **Spring** and **Summer**, and specially during **seasonal changes**, it is common to experience **states of tiredness and fatigue**. Moreover, **intense workout sessions** or **physical exercise** can also increase normal metabolic functions, and therefore demand an increased need for key nutrients.

An adequate dietary intake of vitamins and minerals is important for **maintaining healthy skin, hair, nails** and for **combating oxidative stress**. If the dietary intake of these nutrients is insufficient, it is possible to recur to food supplements.

**Vit**formula **ACEROLA** contains **Inositol (vitamin B7)**, a pseudo-vitamin that performs many functions in our body; **Acerola** fruit juice, which has a **supportive, restorative and antioxidant effect**; a mix of **13 Vitamins** and **9 Minerals**, including Vitamins B2, B5, B6, B12, C; Folate, Iron and Magnesium which contribute to the **reduction of tiredness and fatigue**; Vitamin H which helps to maintain healthy hair and skin; Selenium and Zinc support the maintenance of **normal nails**; and Vitamin B2, C, E and Copper which contribute to the **protection of cells from oxidative stress**.



## Nutrition Facts

	Per sachet	%NRV* (1 sachet)
Vitamin C	60.2 mg	75
Vitamin PP	4 mg	25
Pantothenic acid	2.1 mg	35
Vitamin E	1.8 mg	15
Vitamin B2	0.38 mg	27
Vitamin A	250 µg	31
Vitamin B6	0.23 mg	16
Vitamin B1	0.165 mg	15
Folate	55 µg	28
Vitamin K	35 µg	47
Vitamin H	21 µg	42
Vitamin D	2.5 µg	50
Vitamin B12	0.375 µg	15
Calcium	150 mg	19
Magnesium	75 mg	20
Zinc	7.5 mg	75
Iron	4 mg	29
Manganese	2 mg	100
Fluorine	0.525 mg	15
Copper	0.5 mg	50
Iodine	64 µg	43
Selenium	33 µg	60
Inositol	130 mg	-
Acerola, fruit juice powder	60 mg	-

\*NRV: Nutrient Reference Values

## Ingredients

Sweetener: sorbitol; calcium carbonate, inositol, magnesium oxide, L-ascorbic acid (Vitamin C), Acerola (*Malpighia glabra* L.) fruit juice powder, acidifier: citric acid; flavours, maltodextrins, zinc citrate, iron fumarate, nicotinamide (Vitamin PP), DL-alpha-tocopheryl acetate (Vitamin E), manganese carbonate, calcium D-pantothenate (pantothenic acid), sweetener: Stevia steviol glycosides; retinoic acetate from Stevia; retinyl acetate (Vitamin A), copper citrate, riboflavin (Vitamin B2), cholecalciferol (Vitamin D3), sodium fluoride, pyridoxine hydrochloride (Vitamin B6), phylloquinone (Vitamin K1), thiamine mononitrate (Vitamin B1), cyanocobalamin (Vitamin B12), potassium iodide, sodium selenite, pteroylmonoglutamic acid (folate), D-biotin (Vitamin H).

**It does not contain ingredients of animal origin.**

## Instructions for use

1 sachet of orodispersible granules a day, to be dissolved directly in the mouth, without water.

## Packaging

30 sachets of orodispersible granules of 2 g each – Net weight 60 g e

# Vitformula

ACEROLA



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## Warnings

Store the product in a cool and dry place and protect from light. The expiry date refers to a product correctly stored in its original and undamaged packaging. Do not exceed the recommended daily dose. Keep out of the reach of children under 3 years of age. The product contains polyalcohols: excessive consumption may produce laxative effects. **Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.**

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