

**NEW  
FORMULA**



**Tonicoguna**  
**PLUS**

GLUTEN-FREE  
VEG-FRIENDLY  
NATURALLY FREE FROM LACTOSE

**YOUR NATURAL BOOST  
OF ENERGY**



In a society that imposes a hectic pace of work, study and life, it is more and more likely to run into situations of physical and mental stress accompanied by:

- **Listlessness**
- **Physical and mental fatigue**
- **Lack of energy**
- **Tiredness**



## Tonicoguna **PLUS** - Ingredients

**Tonicoguna PLUS** is a food supplement intended to provide targeted nutritional support. It contains a **mix of plant extracts with tonic properties**, useful in cases of **physical and mental fatigue**. In addition, **Tonicoguna PLUS** also contains the extract of **Morinda citrifolia**, a Polynesian plant better known as **Noni**, whose juice has **tonic and antioxidant** properties and is rich in vitamins, minerals, amino acids, enzymes, trace elements, sterols and xeronine.

### MORINDA CITRIFOLIA

(Noni)

Tonic (physical and mental fatigue)  
Antioxidant

### GINSENG

Tonic (physical and mental fatigue)  
Antioxidant



### ASTRAGALUS and RHODIOLA

Tonic-adaptogen

### ELEUTHEROCOCCUS

Tonic-adaptogen

### GENTIAN

### BLACKCURRANT

### ROSEMARY

Antioxidant

### LEMON BALM

Natural mood balance  
and mental well-being



## Tonicoguna **PLUS** - When to use

Tonicoguna **PLUS** provides a nutritional support, useful in cases of:

- **Physical and mental exhaustion**
- **Fatigue and/or tiredness**
- **Stress**





## Tonicoguna **PLUS** - Actions and benefits

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**Tonicoguna PLUS** is made by mixing **Noni juice with plant extracts obtained by ultrasound extraction**, a process that does not use chemical compounds, thus maintaining their **properties unaltered**.

**Tonicoguna PLUS** is flavoured with water extract of Stevia rebaudiana and essential oil of sweet orange.

- **Free from Gluten**
- **Free from artificial sweeteners**
- **Free from fructose and added sugars**
- **Free from alcohol**
- **Suitable for vegetarians and vegans**
- **Naturally free from lactose**
- **Free from animal derivatives**
- **Free from GMOs**



# Tonicoguna PLUS - Nutrition facts and instructions for use

## Nutrition facts

	Amount per 100 ml	Amount per dose (20 ml)
Energy	91 kJ 21 kcal	18.2 kJ 4.2 kcal
Fats of which Saturates	0.1 g 0.0 g	0 g 0 g
Carbohydrate of which Sugars	3.2 g 1.0 g	0.6 g 0.2 g
Fibre	0.6 g	0.1 g
Proteins	0.5 g	0.1 g
Salt	0.2 g	0 g
Noni	36 g	7.2 g
Astragalus w.e.	14.49 g	2.898 g
Siberian ginseng w.e.	14.49 g	2.898 g
Blackcurrant w.e.	7.18 g	1.436 g
Rhodiola w.e.	7.18 g	1.436 g
Rosemary w.e.	7.18 g	1.436 g
Stevia w.e.	7.18 g	1.436 g
Ginseng w.e.	2.52 g	0.504 g
Gentian w.e.	1.39 g	0.278 g
Lemon balm w.e.	1.39 g	0.278 g

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## Warnings

Do not exceed the recommended daily dose. Keep out of the reach of children under 3 years of age. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. For use during pregnancy or breastfeeding it is advised to consult a doctor.

Store the product in a cool and dry place and protect from light. The expiry date refers to a product correctly stored in its original and undamaged packaging.

## Ingredients

Noni (*Morinda citrifolia* L.) fruit juice; 1:1 \* water extract of: Astragalus (*Astragalus membranaceus* Moench) root; Siberian ginseng (*Eleutherococcus senticosus* (Rupr. Et Maxim.) Maxim) root; Blackcurrant (*Ribes nigrum* L.) leaf; Rhodiola (*Sedum roseum* (L.) Scop.) root; Rosemary (*Rosmarinus officinalis* L.) leaf; Stevia (*Stevia rebaudiana* Bertoni) leaf; Ginseng (*Panax ginseng* C.A. Meyer) root; Gentian (*Gentiana lutea* L.) root; Lemon balm (*Melissa officinalis* L.) leaf; thickener: xanthan gum; citric acid; natural flavour: sweet orange essential oil; preservatives: potassium sorbate, sodium benzoate.

## Packaging

150 ml bottle with safety lock and measuring cup.

## Instructions for use

Shake vigorously before each use. We recommend 20 ml daily, preferably in the morning, taken as it is or diluted in a little water (75 ml).



[guna.com](http://guna.com)

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