



Resource  
EnerJoy

Energy  
Vitality



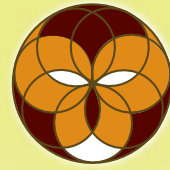
Resource  
GoodNight

Paceful  
Sleep



Resource  
Remedy

Relax  
no Stress



Resource  
Confidence

Self-Esteem  
Self-Confidence



Resource  
Harmony

Female  
Harmony

# Resource Guna

M.F.P. - Master Flower Pattern

Optimal, synergistic and complementary  
combination of Bach Flowers



# Resource Guna

## Activate your Resources!

**Resource Guna** is a line of ready-to-use Bach Flowers mixed according to Dr. Bach's original method and prepared with **Bio-informed Super Coherent Water** (see final section) and **organic brandy**. According to Dr. Bach's view, Bach Flowers are flower "patterns" that embody specific moods and emotional conditions.

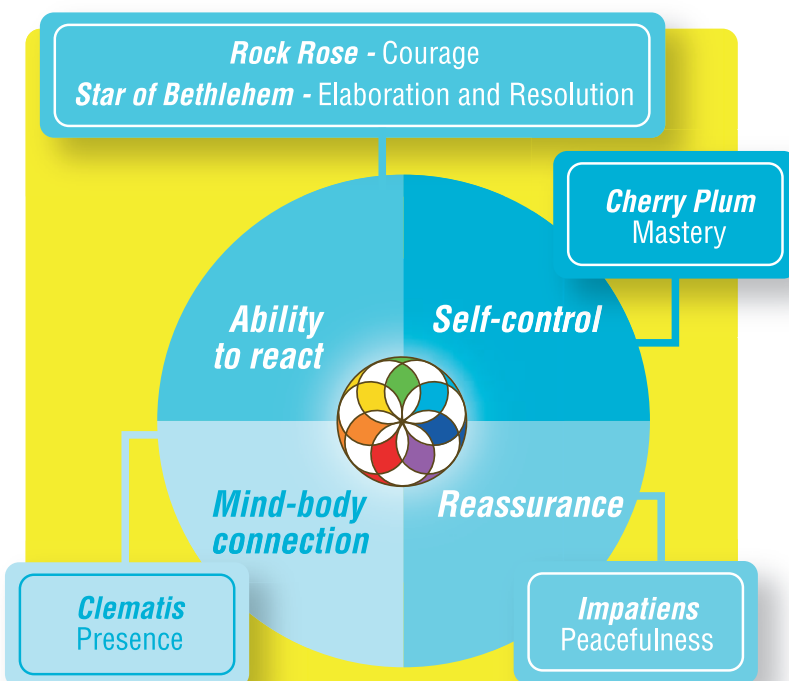
Each **Resource Guna** formulation represents the "**Master Flower Pattern**" (**M.F.P.**), which is an **optimal, synergistic and complementary combination** of the floral patterns. According to Dr. Bach, they correspond to a specific harmonious state of mind and to a consequent condition of emotional balance.

### Packaging

20 ml bottle with dropper and security seal. Resource Remedy is also available in 10 ml bottle, drops or spray. 27% Alcohol content.

### Directions for use

4 drops directly in the mouth (or 2 sprays) or possibly diluted in a little water to be taken 3-4 times a day. It is possible to repeat the application at intervals of 5-10 minutes for 1 hour.



## Resource Remedy

### Relax no Stress

**M.F.P. (Master Flower Pattern) of Relax - No Stress** – Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you want to reach a state of **relaxation, calm**, and be **capable of managing stress**.

### Positive Statement

***"I am master of my resources, present to myself; I am going to solve and overcome this challenge with calmness and courage".***

It is useful to have **adequate resources to face emotional states of strong alterations induced by stressful situations of everyday life:**

- when flying becomes a stressful event
- after any accident
- when a bad news arrives
- prior to an interview or an important meeting
- before making a public appearance
- against dental phobia, blood sampling or injections
- against children's fit of tears and fear
- against excitement of one's wedding day...



# Resource GoodNight

## Peaceful Sleep

**M.F.P. (Master Flower Pattern) of Peaceful Sleep** – Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you wish a **quiet, peaceful and restorative sleep**.

### Positive Statement

*“I indulge in peaceful sleep, I abandon myself in peace and I fall asleep in peace, I rest and recharge my batteries”.*



*Impatiens* - Peacefulness  
*Scleranthus* - Harmony of circadian rhythms  
*Walnut* - Environmental adaptation

*Agrimony*  
Harmony  
*Aspen*  
Serenity  
*White Chestnut*  
Peace of mind



*Impatiens* - Peacefulness  
*Olive* - Regeneration

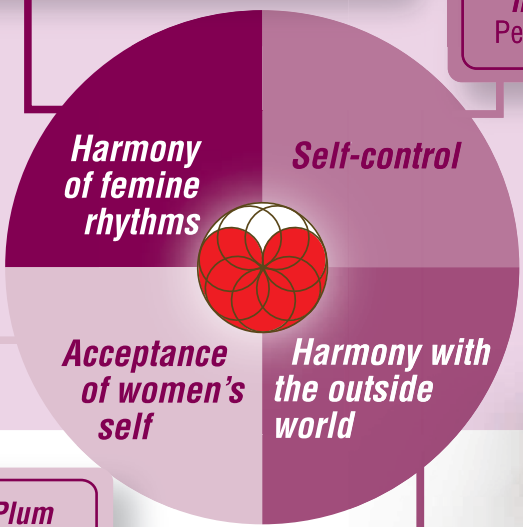
*Mustard* - Inner stability  
*Scleranthus* - Balance of feminine rhythms  
*Impatiens* - Patience

*Cherry Plum*  
Mastery of one's own instincts  
*Holly*  
Love and Inner Harmony  
*Impatiens*  
Peacefulness

# Resource Harmony

## Female Harmony

**M.F.P. (Master Flower Pattern) of Female Harmony** – Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you wish to achieve a **harmonious relationship with femininity, especially in times of particular sensitivity related to menstrual cycles, pregnancy or menopause**.



*Cherry Plum*  
Acceptance of one's own instincts  
*Crab Apple*  
Acceptance of one's own self

*Walnut*  
Protection from external stimuli

### Positive Statement

*“I welcome my femininity and its rhythms. I live and express peacefully my feminine in all its nuances and potential. I have in me the power of attraction and fascination of the moon!”.*

# Resource Confidence

## Self-esteem Self-confidence

**M.F.P. (Master Flower Pattern) of Self-esteem and Self-confidence** – Optimal, synergistic and complementary combination of Bach Flowers to evoke your own inner resources and your own innate ability to adapt when you wish to develop your **self-esteem and self-confidence**.

### Positive Statement

*“I have full respect for myself, I act confidently, powerfully, and decisively, I have the strength of a lion. I respect myself and I am respected”.*



# Resource EnergyJoy

## Energy and Vitality

**M.F.P. (Master Flower Pattern) of Energy and Vitality** – Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you wish to boost your **energy, vitality and you want to act**.

### Positive Statement

*“I feel rested, regenerated, energetic, strong and vital. I want to act, I am pure energy!”.*



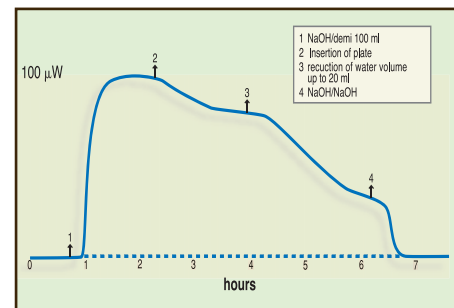
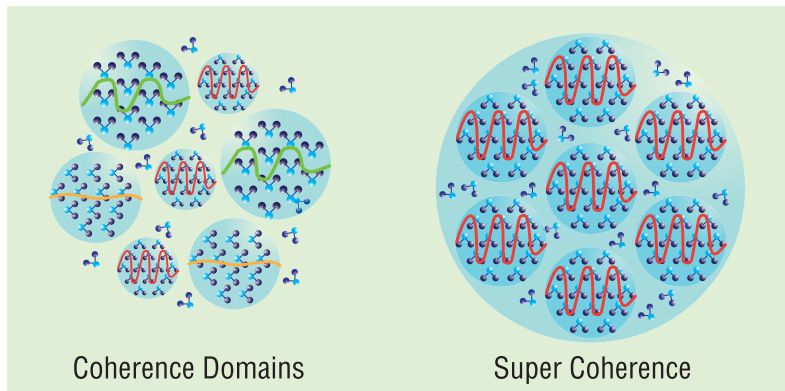
# Guna Bach Flowers: Unique with Super-Coherent Water



**Water is the essential component of the human body: about 99% of its molecule number and 60-70% of its weight!**

Though having one single chemical composition ( $H_2O$ ), **water molecules can express two different phases**: in one phase they float freely, in another phase **they are organized in structures characterized by a common oscillatory rhythm known as Coherence Domain<sup>(1)</sup>**. Coherence Domains are in resonance with electromagnetic fields of specific frequencies.

**When the water of living systems gets in touch with the organic matter, it is structured in a characteristic organized and coherent way, according to specific frequencies emitted by the living matter itself<sup>(2,3)</sup>**.



Power-time diagram of flow-mix calorimetry  
Point 2: insertion of WHITE plate (7).

This special biological organization of water, called super coherence, (coherence among coherence domains) is being researched by *Montagnier, Del Giudice, Tedeschi and Vitiello<sup>(4)</sup>*.

**This feature of biological water is being exploited by Guna Laboratories using a method developed by the WHITE research group.** Through materials informed by specific electromagnetic fields generated by light passing through vegetal filters characterized by high biodiversity and bioactivity that is coherent with biophotons<sup>(5)</sup> emission. These materials inform the liquid element, thus obtaining Super-Coherent Water<sup>(4, 6, 7, 8, 9)</sup>.

In the case of Guna Resource line, an optical filter is added to the WHITE process for each specific formula. This is aimed at obtaining a special resonance that is specific for this formula itself as well as a synergistic effect with its constituent mother essences<sup>(10)</sup>, by using specific electromagnetic fields<sup>(10)</sup>.



"Vortices generated in 1000 lt of water put in open air containers to be swirled.

Photo A: Normal water. You can see a single and regular vortex.

Photo B: Water exposed to WHITE light with optical filters used for Guna Bach Flowers. You can see different organized spirals according to fractal dynamics; this phenomenon is due to a lower viscosity of water induced by super-coherence".

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