



# Gunabasic

FOOD SUPPLEMENT

GLUTEN-FREE

**ACID-BASE METABOLISM BALANCE  
BODY DETOXIFYING FUNCTIONS  
MENTAL WELL-BEING**

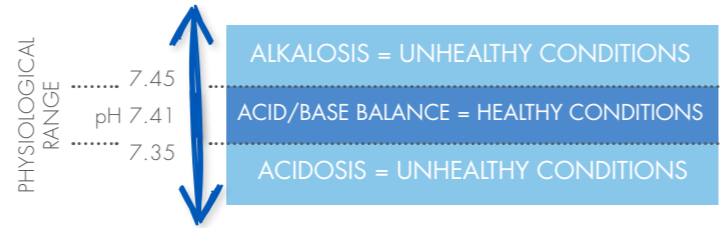
**WITH MINERAL SALTS AND PLANT EXTRACTS**

 **Guna**  
healthy lifestyle

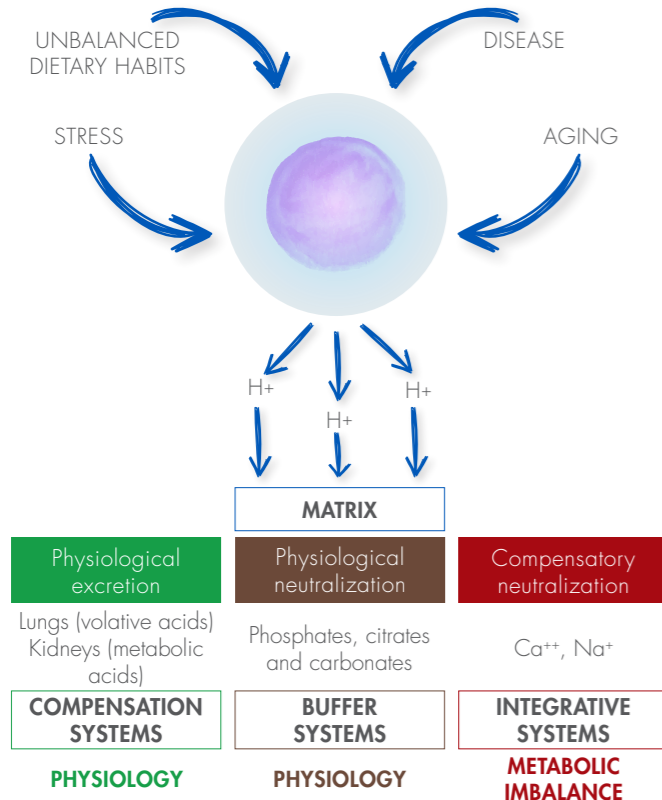
## Acid-base balance and extracellular matrix:

The **regulation and the maintenance of the intracellular and extracellular pH** within its physiological range is the **necessary condition** to keep the cell enzymatic metabolic processes in a good order.

Even slight changes of the base value (blood pH = 7.41) can lead to a **metabolic imbalance**.



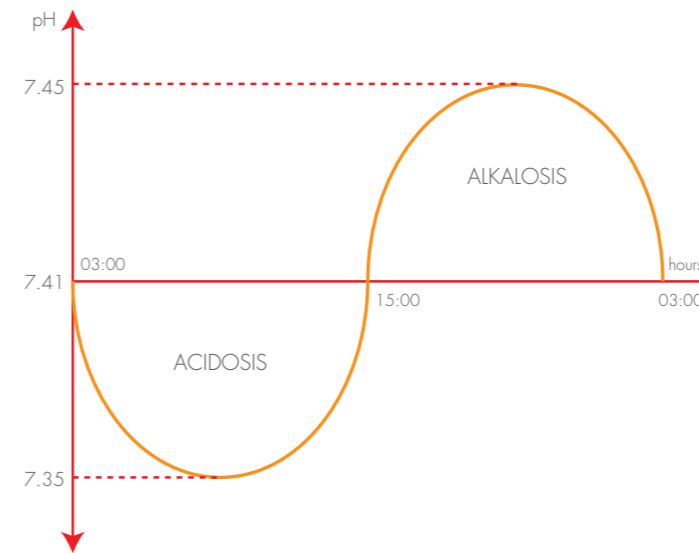
## The acid-base balance control mechanisms:



The physiological organic metabolism tends to **produce predominantly acids metabolites**. These are first poured into the Extracellular Matrix and thus eliminated **through the emunctories** (lungs, kidneys, intestine, skin).

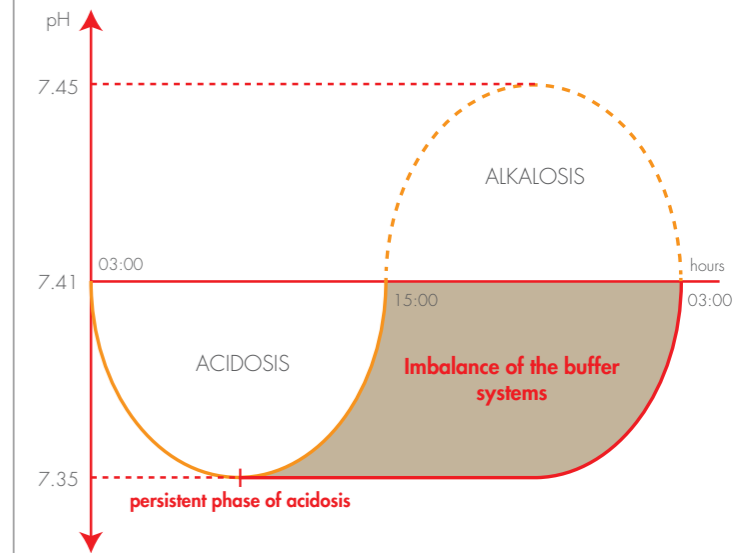
A **prevailing acidosis** (always within a homeostatic range) in the **12 hours of the morning** is the fundamental metabolic prerequisite for **drainage processes**.

Circadian acidosis-alkalosis rhythm, in **physiological conditions**.



A **persistent phase of acidosis** (over the first 12 hours of the day) is a necessary metabolic condition for the body **to shift towards an imbalance of the buffer systems**.

Circadian acidosis-alkalosis rhythm, in **conditions of metabolic imbalance**.



# Why Gunabasic

Restoring a physiological stimulation of the buffer systems which regulate the pH levels, contributes to the body's wellness.

HERE ACTS



**Gunabasic**



## Tissue acidosis

### The causes

- surmenage, unhealthy lifestyle (stress, smoking, alcohol, sedentary life)
- unbalanced diet (consumption of acid drinks, juices and soft drinks)
- restrictive diets or high-protein diets
- abuse of protein supplements
- intense sporting activity (large production of lactic acid)
- physiological aging

### GUNABASIC, HOW TO MAINTAIN GOOD HEALTH AND WELL-BEING IN 3 WAYS

#### 1. MIX OF MINERALS AND TRACE ELEMENTS FOR ACID-BASE METABOLISM, ELECTROLYTE AND ENERGY BALANCE:

- Magnesium salts of citric acid
- Potassium, copper, zinc citrates
- Calcium and manganese carbonates
- Iron phosphate
- Ammonium molybdate

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#### 2. MIX OF INGREDIENTS WITH DRAINING AND DETOXIFYING ACTION

Plant extracts of:

- Nettle (*Urtica dioica* L.),
- Carrot (*Daucus carota* L.),
- Fennel (*Foeniculum vulgare* Mill.)
- Dandelion (*Taraxacum officinale* Web.)

#### 3. MIX OF INGREDIENTS FOR CIRCADIAN RHYTHMS BALANCE AND MENTAL WELL-BEING

Plant extracts of:

- Lemon balm (*Melissa officinalis* L.)
- Linden (*Tilia cordata* Mill.)



## Gunabasic - Ingredients

MINERAL COMPONENTS	ACTION
ZINC CITRATE	Contributes to the physiological acid-base metabolism
MAGNESIUM CITRATE	Contributes to electrolyte balance
POTASSIUM CITRATE	Contributes to the normal functioning of the nervous system
CALCIUM CARBONATE - IRON PHOSPHATE	Contribute to normal energy-yielding metabolism
MANGANESE CARBONATE	Contributes to the normal formation of connective tissue
COPPER CITRATE - SELENIUM METHIONINE	Contribute to the protection of cells from oxidative stress

PLANT COMPONENTS	ACTION
CARROT ( <i>Daucus carota</i> L.) root, dry extract, standardized to 1.8% Beta-carotene Vitamin A	Body fluids drainage
LEMON BALM, ( <i>Melissa officinalis</i> L.) leaves, dry extract, standardized to 2% Rosmarinic acid	Mental well-being and normal mood contribution
SMALL-LEAVED LINDEN ( <i>Tilia cordata</i> Mill.) flowers, dry extract	Relaxation and sleep promotion in cases of stress
FENNEL ( <i>Foeniculum vulgare</i> Mill.) fruit, dry extract, standardized to 1% essential oil	Body fluids drainage
DANDELION ( <i>Taraxacum officinale</i> Web.) root, dry extract	Contributes to the body cleansing functions



# Gunabasic - Fields of use

## 1. In cases of:

- widespread pains in the musculoskeletal system
- tiredness and chronic fatigue
- lower physical and intellectual efficiency
- mood instability, irritability
- sleep disorders
- digestive disorders

## 2. Early aging

## 3. Unhealthy lifestyle

(stress, smoking, alcohol, sedentary life)

## 4. Physiological aging after 50 years of age

## 5. Restrictive and high-protein diets

## 6. Consumption of acid drinks

(fruit juices, cola, soft drinks, etc.)

## 7. Intense sports activity



# Gunabasic - Suggested combinations

## Gunabasic + Omegaformula

Acid-base balance and maintenance of normal blood cholesterol levels.

### Omegaformula

80 x 2 g chewable tablets -  
Net weight 160 g  
with sweeteners



## Gunabasic + Colostroni

Acid-base balance and intestinal function.

### Colostroni

24 x 1.8 g sachets  
of orodispersible granules -  
Net weight 43.2 g  
with sweeteners



## Gunabasic + Gunabrain

Acid-base balance and mental fatigue.

### Gunabrain

30 x 840 mg tablets -  
Net weight 25.2 g



## Gunabasic + Profemplus

Acid-base balance and menopause

### Profemplus

20 x 4.8 g sachets -  
Net weight 96 g  
with sweeteners



## Gunabasic + Gunaminoformula

Acid-base balance and protein needs.

### Gunaminoformula

- 24 x 6.5 g sachets  
Net weight 156 g  
with sweetener
- 50 x 1.01 g tablets  
Net weight 50.5 g



## Nutrition facts

	per 100 g	per sachet	%NRV* per sachet
Energy	1157 kJ 275 kcal	81 kJ 19 kcal	
Fat of which saturates	0.40 g 0 g	0.03 g 0 g	
Carbohydrate of which sugars	57.18 g 4.45 g	4.00 g 0.31 g	
Protein	0.81 g	0.06 g	
Salt	0.19 g	0.01 g	
Potassium	4286 mg	300 mg	15
Calcium	3429 mg	240 mg	30
Magnesium	2143 mg	150 mg	40
Silicon	114 mg	8 mg	-
Zinc	107 mg	7.5 mg	75
Iron	100 mg	7 mg	50
Manganese	71 mg	5 mg	250
Copper	9 mg	0.6 mg	60
Molybdenum	714 µg	50 µg	100
Selenium	393 µg	27.5 µg	50
Beta carotene	51 mg	3.6 mg	-
Nettle d.e.	2.857 g	200 mg	
Carrot d.e.	2.857 g	200 mg	
Lemon balm d.e. of which rosmarinic acid	2.857 g 0.057 g	200 mg 4 mg	
Small-leaved linden d.e.	2.857 g	200 mg	
Fennel d.e.	2.857 g	200 mg	
dandelion d.e.	2.857 g	200 mg	

\*NRV: Nutrient Reference Values

The information herein contained concern the ingredients of Gunabasic and should not be interpreted as medical advice, nor can they replace any medical prescription. Food supplements are not intended as means for treating, preventing, diagnosing or mitigating any disease or abnormal condition.

## Ingredients

Maltodextrins, Magnesium salts of citric acid, Potassium citrate, Calcium carbonate, Nettle (*Urtica dioica* L.) root d.e., Carrot (*Daucus carota* L.) root d.e. standardized to 1.8% beta-carotene, Lemon balm (*Melissa officinalis* L.) leaf d.e. standardized to 2% rosmarinic acid, Small-leaved Linden (*Tilia cordata* Mill.) flower d.e., Fennel (*Foeniculum vulgare* Mill.) fruit d.e. standardized to 1% essential oil, Dandelion (*Taraxacum officinale* Web.) root d.e., Magnesium oxide, sweetener: Steviol glycosides; Ferrous phosphate, Zinc citrate, Silicon dioxide, Manganese carbonate, Bamboo fiber, L-selenomethionine, Cupric citrate, Ammonium molybdate (molybdenum (VI)).

- with sweetener -

## Instructions for use

One sachet daily is recommended. Dissolve the content of one sachet in a glass of water (200 ml), preferably in the evening at bedtime and away from meals.

## Packaging

15 sachets of 7 g - Net weight 105 g e

## Warnings

Store the product in a cool and dry place and protect from light. The expiry date refers to the product correctly stored in its original and undamaged packaging. Do not exceed the stated recommended daily dose. Keep out of the reach of young children. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

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