



**Unique combination of
vitamins, minerals, trace elements
and methionine**



- **VIT Formula™** is a well-balanced multivitamin **food supplement with Methionine**:
- **VIT Formula™** is **ideal in terms of completeness**: it contains any **vitamins, minerals and trace elements** that are essential to the human body.
- **VIT Formula™** is **ideal in terms of quality**: its active ingredients are top quality.
- **VIT Formula™** is **ideal in terms of formulation**: its composition is perfectly balanced with respect to the needs of the human body.

**NEW
PACKAGING
32 SACHETS**



**1 SACHET
DAILY**



**ORODISPERSIBLE
CITRUS FLAVOUR**

- ➔ The innovative orodispersible formulation facilitates a rapid absorption of active ingredients
- ➔ Easily digestible
- ➔ Lactose and fat free
- ➔ Easy-to-use anywhere (when travelling, in the office, at school, etc.)
- ➔ The orodispersible form makes it especially pleasant to children and to those who have difficulty swallowing

VIT FORMULA™ is especially recommended as optimal food supplement in cases of:

- ➔ strenuous physical activity and sports
- ➔ increased needs (pregnancy, breast-feeding, growth, aging)
- ➔ reduced dietary intake, for example as a result of unbalanced, poor or insufficient food intake
- ➔ antibiotic therapies
- ➔ convalescence
- ➔ **ASSOCIATION WITH GUNAMINO FORMULA OR WITH GUNAMINO FORMULA SPORT**

15 VITAMINS

9 MINERALS and TRACE ELEMENTS

UNIQUE WITH METHIONINE



- **Methionine¹⁻²: essential amino acid**; it is the main supplier of sulphur, that helps prevent hair, skin and nails alterations and weakening. It helps reduce cholesterol, enhances lipid metabolism in the liver. Methionine is a urine acidifier and helps to inhibit bacterial colonization of the urinary tract, protecting it from bacterial infections. Moreover it helps heavy metal metabolism.

Possible symptoms due to a lack of methionine are: hair fall, flaking nails and skin alterations.

The methionine contained in Vit Formula™ is in balance with the other active ingredients and in optimal dosage for the body.

- **Vitamins¹⁻²:**

Vitamins A, C and E : vitamins with high antioxidant and anti aging activity;

- **the presence of the minerals: zinc, iodine, iron and calcium improves their absorption.**

Vitamins PP and K: essential for different cell processes and for blood coagulation.

B Group Vitamins and Folic acid: essential for protein synthesis and fat utilization;

- **folic acid**, in particular, is essential for the production of the red blood cells and for the prevention of birth defects of the spine.

Biotin or Vitamin H: essential to keep your skin well toned and moisturized, and for hair strengthening.

Vitamin D: essential for improving the absorption of calcium in the bones.

Choline and Inositol: they take part in cholesterol metabolism, improve biliary drainage, have also fortifying action on the hair.

- **Iron, Calcium, Magnesium, Zinc, Manganese, Copper , Fluorine, Iodine, Selenium¹⁻²**: all these main **minerals** and **trace elements** are present in a **balanced amount** and in the **most bioavailable** form; they are vital for the optimal functioning of the organism as, together with vitamins, they regulate a great number of enzymatic reactions.

References:

1. DE MAGISTRIS R., CIARAMELLA B. -Nutrienti e malattie cronico-degenerative. Guna Editore, **2000**.
2. PANDIANI M. -Guida al corretto utilizzo di vitamine e minerali nella nutrizione. Tecniche Nuove, **1991**.



KEY WORDS: VIT Formula™, an ideal and complete formulation to boost your vitality.
It acts rapidly.

DOSAGE AND HOW TO USE

Adults: 1 to 2 sachets of orodispersible powder per day. Put the content of the sachet directly into the mouth without water; it melts in a few seconds and is rapidly absorbed.

Children under 12: 1 sachet per day.

In conjunction with Gunamino Formula (food supplement of essential amino acids): 1 sachet of Vit Formula™, preferably in the morning, every 10 g of Gunamino Formula (10 tablets of 1 g or 2 sachets). Melt the content of one sachet directly in the mouth without water.

INGREDIENTS

Sweetener: sorbitol (from corn); choline bitartrate, calcium carbonate, inositol, magnesium oxide, anti-caking agent: talc, sucrose, flavouring, L-Methionine, L-ascorbic acid (vitamin C), acidity regulator: citric acid; maltodextrin, zinc citrate, ferrous fumarate, nicotinamide (vitamin PP), DL-alpha-tocopheryl acetate (vitamin E), manganese carbonate, calcium D-pantothenate (pantothenic acid), retinyl acetate (vitamin A), sweetener: sucralose; copper citrate, riboflavin (vitamin B2), cholecalciferol (vitamin D3), pyridoxine chlorhydrate (vitamin B6), phyloquinone (vitamin K1), thiamine mononitrate (vitamin B1), cyanocobalamin (vitamin B12), sodium fluoride, potassium iodide, sodium selenite, pteroyl-monoglutamic acid (folic acid), D-biotin.

WARNINGS

Keep the product in cool and dry place, and protected from direct sunlight. The expiry date refers to a correctly stored product in its original and undamaged packaging. Keep out of reach of children under 3 years of age. Do not exceed the RDA. The product contains polyalcohols: an excessive intake may have laxative effects. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

PACKAGING

32 x 2.5 g orodispersible sachets.



NUTRITION FACTS

	per 100 g	Daily intake (1 sachet)	% NRV* (1 sachet)
Energy	236 kcal 989 kJ	6 kcal 25 kJ	
Fat	0.24 g	0.01 g	
of which saturates	-	-	
Carbohydrate	58.30 g	1.46 g	
of which sugars	3.34 g	0.08 g	
Protein	7.25 g	0.18 g	
Salt	0.09 g	-	
Vitamin C	2000 mg	50 mg	63
Vitamin PP	160 mg	4 mg	25
Panthotenic acid	84 mg	2.1 mg	35
Vitamin E	72 mg	1.8 mg	15
Vitamin B2	15.2 mg	0.38 mg	27
Vitamin A	10000 mcg	250 mcg	31
Vitamin B6	9.2 mg	0.23 mg	16
Vitamin B1	6.6 mg	0.165 mg	15
Folate	2200 mcg	55 mcg	28
Vitamin K	1400 mcg	35 mcg	47
Biotin	840 mcg	21 mcg	42
Vitamin D	100 mcg	2.5 mcg	50
Vitamin B12	15 mcg	0.375 mcg	15
Calcium	6000 mg	150 mg	19
Magnesium	3000 mg	75 mg	20
Zinc	500 mg	12.5 mg	125
Iron	160 mg	4 mg	29
Manganese	80 mg	2 mg	100
Fluoride	21 mg	0.525 mg	15
Copper	20 mg	0.5 mg	50
Iodine	2560 mcg	64 mcg	43
Selenium	1320 mcg	33 mcg	60
Choline	6.0 mg	150 mg	
Inositol	5.2 mg	130 mg	
Methionine	2.4 mg	60 mg	

* NRV: Nutrient Reference Values



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