

GUNA[®]-SLEEP

FDA listed and regulated ¹

HOMEOPATHIC MEDICINE



Drug Facts

Active Ingredients		Purpose
Avena sativa	6C	Nervousness
Chamomilla	6C	Restlessness
Helleborus niger	6C	Mental Stress
Ignatia amara	6C	Restlessness
Interleukin 1 beta	4C	Immune Support
Melatonin	4C	Hormonal Regulation
Melissa officinalis	6C	Anxiety
Pineal gland	6X, 12X, 30X	Hormonal Regulation
Pulsatilla	6C	Mood Support
Serotonin	6C	Hormonal Support
Valeriana officinalis	6C	Restlessness



Uses

For the temporary relief of difficulty falling asleep.

Directions

Take 1 hour after evening meal.

Adults and children 12 years and older	20 drops in a little water
Children between 12 years and 6 years of age	10 drops in a little water
Children under 6 years	5 drops in a glass of water

Package

30 ml / 1.0 fl. oz. bottle

Other Information

Store at 20°-25° C (68°-77° F).

Inactive Ingredient

Ethyl alcohol 30%

Contacts

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Warnings

Stop use and ask doctor if sleeplessness persists continuously for more than two weeks. Insomnia may be a **symptom of serious** underlying medical illness. **If pregnant or breast-feeding** ask a doctor before use. **Keep this and all medicines** out of reach of children.

¹ U.S. Food and Drug Administration Sec. 400.400 Conditions Under Which Homeopathic Drugs May be Marketed (CPG7132.15).

These statements have not been evaluated by the Food and Drug Administration. They are not intended to diagnose, treat, cure, or prevent any disease. They are not a substitute for individual medical attention.



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