

· GUNA®-PMS

DROPS

Ingredients:

- Arsenicum album 6C
- Beta-Estradiol 6X
- Chamomilla 6C
- Hydrastis canadensis 6C
- Hypophysis 8X
- Lachesis mutus 4C
- Magnesia phosphorica 6C
- Melatonin 4C
- Nux vomica 6C
- Oophorinum 8X
- Progesterone 6X
- Sulphur 6C

Uses:

Premenstrual syndrome (menstrual pains, moodiness, headache, mammary pressure, water retention, etc.); dysmenorrhoea; menopausal symptoms.

Directions:

Premenstrual syndrome: 10 drops 3 times a day from 10 days before the first day of the menstrual cycle. In acute phase; 10 drops every 30 minutes for 2-3 hours. Dysmenorrhoea: 10 drops 3 times a day; as a shock therapy: 10 drops every 30 minutes for 2-3 hours.



Package size:

30 ml/1.0 fl. Oz. bottle

Most common combinations

- Guna-PMS + Guna-Mood: anxious-depressive syndromes during PMS.
- Guna-PMS + Guna-Flam: dysmenorrhoea with severe pains.
- Guna-PMS + Guna-Fem: PMS in patients with evident neuroendocrine dysmetabolism.
- Guna-PMS + Guna-Fem: climacteric syndrome in patients with evident neuroendocrine dysmetabolism.
- Guna-PMS + Guna-Lympho: PMS characterized by lymphedema.
- Guna-PMS + Anti Age Stress: PMS accompanied by serious stress.
- Guna-PMS + Guna-Hemorrhoids: PMS with hemorrhoids.

The rational structure of **GUNA®-PMS** according to Guna-Method

